

# Wyggy's Tales

July 2020

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Wygggestons  
160 Hinckley Road  
Leicester  
LE3 0UX

Phone: 0116 255 9174

E-mail: [enquiries@wygggestons.org.uk](mailto:enquiries@wygggestons.org.uk)

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# INTRODUCTION

Welcome to July 2020 Edition of Wyggy's Tales.

It is the time of year when we would normally have been celebrating the formation of the Charity by our illustrious Founder William Wyggeston in 1513 and arranging trips and various social events, summer concerts and enjoying holidays.

But this year has been far than normal!

So instead to keep spirits up we have tried a few different celebrations albeit with social distancing and all centring on food!!

As you will see in this edition of Wyggy's Tales, the Fish & Chips, Cupcakes and Ice Creams seem to have been very popular and we will be continuing these celebrations until we can get some sort of normality. If you have any ideas of similar ways we can bring the community together even if a fund raiser for our designated charities please let the admin office know.

The warm (and sometimes wet) weather has made the grounds colourful and thanks again to our ever enthusiastic Gardening Group. I hope you enjoy the new hanging baskets around the site also – watering them is a bit of challenge - just ask Clive.

The Cherryleas works are beginning to take shape with brickwork and steels installation ongoing and we are really pleased that despite the 8 week lockdown the new properties are coming on well. Quick reminder if you are interested in moving into one of the new properties, please inform the Admin office by 31<sup>st</sup> July.

We will be very gradually lifting some of the restrictions on both Houses in the next month or so depending on local information and national guidance. I am pleased to say we will be welcoming some new residents to William House in the coming weeks and all works to the former Master's House should then be complete so hopefully there can be some peace and quiet for that end of the building for a while. When sitting out enjoying the sunshine, please be mindful that your conversations can disturb other residents during this warm weather, as windows are open.

Echoing the Chairman's letter us all on page 6, I can't stress enough all our thanks for all your assistance and support over the last three months and your patience during these unsettling times.

We are slowly getting back to normal.

Thank you all – and as before please keep safe and alert.

Chris

**PLEASE NOTE :** - William House Residents – If you are hard of hearing and have a fall, please shout once you have pulled the emergency cord, saying what the issue is, and the Wardens will be able to hear what you are saying.

## BIRTHDAYS

For those residents who have birthdays in June, we would like to wish you a very Happy Birthday!

### William House

Michael Heydon	2 <sup>nd</sup> July
John Stringer	7 <sup>th</sup> July
Owen Shepherd	17 <sup>th</sup> July
Sally Carr	18 <sup>th</sup> July
Kathleen Godbold	19 <sup>th</sup> July
Marjorie Marcer	26 <sup>th</sup> July

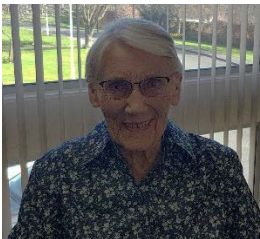


### Agnes House

Barbara Foster	10 <sup>th</sup> July
Kathleen Williams	19 <sup>th</sup> July

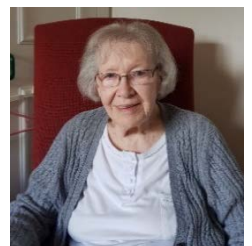
## In Memory

Sadly, we have two deaths to record a death in this edition.



Mrs Marjorie Mozley, Room 20 of Agnes House, who peacefully passed away on Wednesday 17<sup>th</sup> June 2020.

Mrs Gillian Griffiths, Room 14 of Agnes House, who peacefully passed away on Thursday 18<sup>th</sup> June 2020.



Our thoughts and prayers are with their family and friends





## Building works are progressing well



New Road is being laid



Steelwork is being delivered and erected by a huge crane!



The steelwork is finally going up at the Hub!



# WYGGESTONS



As Leicestershire's most trusted and respected Sheltered Housing and Residential Care facility, Wyggestons is delighted to introduce a brand-new development of self-contained flats and bungalows, currently under construction at our peaceful Hinckley Road site. The properties will offer quality accommodation and affordable rents, which is now available for reservation 'off plan'.

This development for the over 60's comprises of eight one and two-bedroom flats and six two-bedroom bungalows built to a high specification, and if you reserve now you can customise your new home to meet your needs.

All properties are designed for independent living at the same time as removing some of the worries you may feel about isolation, security, managing maintenance and running costs. You will have the reassurance of an emergency alarm service, and Wardens who are on hand 24 hours a day, 365 days a year.

Set among beautiful landscaped gardens, The Almshouses have been architect-designed with an attractive mixture of modern and traditional features, ample parking for visitors, and lots of green areas - so are both private and tranquil.

All residents have access to the wide range of facilities on site, which include a library and community areas. We also provide an extensive programme of activities, along with regular services in our very own chapel, St Ursula's.

For more information please call 0116 255 9174  
or email us at: [enquiries@wyggestons.org.uk](mailto:enquiries@wyggestons.org.uk)

**All residents have now been contacted regarding their interest in the new properties.**  
**Please ensure you respond by 31<sup>st</sup> July 2020**

## To all Residents and Staff,

At the beginning of the year we were able to celebrate that (at last!) we had made a good start on the new buildings and were looking forward to better weather when we could really see the new buildings taking shape.

If only we had known what was about to 'hit' us!!

Suddenly, we were hearing about a new virus Covid-19 and were in lockdown!

The past three months have certainly been challenging for all of us and like some of you, my husband has been shielding - so I know the frustrations of not being able to be close to our family and never have we been more in need of a hug (or a cwtych (kootch) as we would say in Wales!). We have, however, been very fortunate to have several weeks of wonderful weather and I feel very grateful that we did not have to go through the lockdown in grey, wintry weather.

Thanks to all the new technology it has been possible to be in constant communication with Chris and the management team and what a wonderful job they have done in making sure that they and their staff have had everything they have needed to ensure the safety and wellbeing of all our residents. This has not been without personal cost in terms of additional hours, sleepless nights and in some cases tears BUT **they have got us through!!**

We have all heard the horror stories from other providers in sheltered accommodation and residential care and we can all be so proud of the way in which our Wyggestons staff have cared for our residents and each other. Our residents also deserve praise for the way in which they have accepted the necessary restrictions and have somehow managed to still remain cheerful and kept themselves occupied with socially distanced occupations. I have no doubt that our lovely grounds have helped and it has been good to see some more of our residents getting involved with the gardening team and as a result the geraniums and hanging baskets are looking lovely.

BUT what about going forward?

Well, it is good to see the great strides that are being made on our new buildings and the relaxing of some of the restrictions (haircut anyone??!!) **but** it does not mean that we do not have to remain vigilant and observe the need for social distances, hand washing etc.; as the last thing we need is a second spike with this virus and of course, we still need to especially protect those amongst us who are the most vulnerable.

So, what about the Governors – when will you see them around more? Well, we have resorted to using Zoom and alternative arrangements for our meetings and at present it looks as though the next round of meetings in the late Summer will be much the same but we are hopeful that by the end of the year 'normal' service will be resumed.

In the meantime, I would like you to know how much we have missed seeing you all and look forward to when we can get together again and personally say a very big 'Thank you' for the way in which you have worked with us and each other in trying to keep everyone safe.

You are constantly in our thoughts and we send our best wishes to each of you.

Stay safe!

Sandra Powell  
Chairman of the Governors



# National Cupcake Day!

Thank you to everyone who took part in National Cupcake Day.  
We raised a whopping £189.46 for the Alzheimer's Society!



## The 'Rambling Resident'

Our resident rambler has been out and about enjoying the sunshine. Who knew there was so many beautiful places on our doorstep!!





## A message from Mosaic Foodbank

**Many Thanks to Holy Apostles Church and the residents of Wyggeston Hospital. We are grateful for your support and prayers.**

**Just before the beginning of lockdown our cupboards at the Mosaic Foodbank were at the lowest they have been for many years, but God has been amazing in supplying our needs.**

**We have seen a doubling in numbers of people registering with us for help. Many people who are on zero hours contracts come to us because they have no work and the self-employed as their work has dried up. A small local factory laid off many of its staff which caused a sudden influx of numbers as well as our usual families struggling to make ends meet. We have in the last week seen a few families returning to work but the future economic effect of this pandemic is worrying.**

**At first public donations went down but the Council have been very supportive of us and have supplied emergency food for us, but this support will run out in a few weeks. We are very grateful for those who support us in this time and to the Council. God has never let us down and at times stock has been very low but we have never run out of food.**

**We are serving about 150 households a week (about 375 people). We see people from very diverse backgrounds, asylum seekers, homeless, single parents, and working people on very low pay. The desperation is evident when 30 people are queuing up outside in torrential rain.**

**People who are struggling to buy food are also struggling to afford basic toiletries and cleaning products to. We are very low on toiletries, toilet rolls and washing powder.**

**Once again can I express my Thanks for all your donations and support.**

**Mary Kerwin**

**Mosaic Foodbank**



Thank you to all those who made and donated for the handmade face masks. An incredible £172 was raised for our two charities!!!



Thank you so much to everyone who contributed!

Thank you to Josè Johnson who set up and oversees our library. It's been very much appreciated by all and I think we can all agree that she does a great job!

Sadly, Josè has decided to hang up her librarian hat so if anyone would like to take over the responsibility, then please speak to Chris or the Wardens!





## From The Master

### Thanksgiving and Song?

Thursday June 25<sup>th</sup> should have been our Founders Day. We had booked a preacher for the Chapel Service (Revd David Spriggs) and, in a change from recent 'tradition', we had decided that the Service would have been followed by an outdoor 'hog roast' and a jazz band. As it turned out the weather would have been wonderful for the outdoor food and music, although it would have been uncomfortably warm in the Chapel! Instead of the hog roast we had to settle for cupcakes (including an edible Wyggestons Logo) in the morning and the visit of an ice-cream van in the afternoon. Both were greeted with smiles (particularly the ice creams) and gratitude (and many will have noticed that we raised the flag on the flag pole).



Although we missed out on the usual grand and celebratory Founders Day it was appropriate that there was a sense of thanksgiving as we remembered our Founder and all the benefits we currently enjoy from his generosity and foresight.

I quite often have conversations regarding what William and Agnes Wyggeston would think of the Charity as it now is and the communities that are William and Agnes Houses. I would like to think that they would be pleased and thankful that the 'needful elderly' here in Leicester are still being cared for (which also continues to include a lot of looking out and caring for each other).

We have much to be thankful for in the way that we have been looked after and protected during this Covid19 pandemic. Please continue to express your gratitude to the staff for all that they have been doing (often under great stress) and we mustn't forget the support and encouragement of the Governors (albeit at a physical distance in the past few months).

One thing we weren't able to do on Founders Day is express our thanks and praise to God through the hearty singing of hymns. Those of us have been coming to listen to the Organ recitals on Sunday mornings in Chapel have been able to sing along with a couple of hymns each time, seated and apart from each other: but it is not quite the same. We don't know yet when we might be able to sing hymns 'properly' again but in the meantime we can be thankful to God in the words of the prayer we would have used at the Founders Day Service:



**Almighty God,  
whose love and care surrounds us,  
send your blessing  
on the family of Wyggestons  
that we may live together  
in harmony and peace.  
Enable us to build upon the foundation  
laid by your faithful servants  
William and Agnes Wyggeston,  
so that the benefits we now enjoy,  
may be enjoyed by future generations.  
We ask this in the name of Jesus Christ  
our Lord and Saviour.  
Amen.**

*Tony Leighton*

*Sunday June 28<sup>th</sup> 2020*

# RECIPE CORNER

**July is National Picnic Month, so here's some picnic friendly recipes!**

## Sausage Rolls with Ham and Cheese Crust

### Ingredients

- 500g pack of readymade puff pastry
- Plain flour for dusting
- 8 Parma ham slices
- 65g finely grated mature Cheddar
- 1 medium free-range egg, beaten
- For the filling
- 500g good quality sausage meat
- 2 small red onions, finely chopped
- Large bunch of fresh flat leaf parsley, finely chopped
- 2tsp English mustard



### Method

Roll out the pastry on a lightly floured surface into a 60cm x 24cm rectangle. Lay the Parma ham slices over or half, overlapping them slightly, and sprinkle with cheese. Fold the uncovered pastry over to sandwich the ham and cheese, then press down around the edges to seal.

Roll out the pastry parcel to form a slightly larger rectangle, about 33cm x 28cm. Slice in half to make two 33cm x 14cm strips.

Mix the filling ingredients in a large bowl and season. Divide in half, then roll each half into a 33cm log using damp hands. Lay a log along the middle of each pastry strip. Brush the pastry edges with a little beaten egg, then fold over to enclose the meat (with the join underneath). Seal well and, using a sharp, floured knife, cut each log in to 5 rolls, each 5.5cm long. Brush with the rest of the egg, then chill for 20 mins. Put a baking sheet in the oven and preheat to 220°C/200°C.

Lightly score the tops of the rolls with a knife, then transfer to the hot baking sheet. Bake for 15-18 minutes until golden, risen and piping hot. Cool a little before serving warm or leave to cool completely.

## Tangy Coleslaw

### Ingredients

#### Dressing Ingredients

- 1/2 Cup Mayonnaise
- 1 Tbsp Lemon Juice
- 1 Tbsp Spicy Brown Mustard
- 1/8 tsp Pepper
- optional: Paprika for colour

#### Cabbage Salad Ingredients

- 1/2 Head Green Cabbage, Finely Shredded
- 1 Large Carrot, Finely Shredded

### Method

- Add cabbage salad ingredients to a large bowl.
- In a separate bowl, mix dressing ingredients together with a fork.
- Pour dressing over veggies & toss.
- Refrigerate until ready to serve. It goes great with any kind of grilled meat and the tanginess is amazing!





# QUIZ TIME

*Identify the British television programmes from the following cryptic clues.*

1. Is it football, rugby, cricket or tennis?
2. Sounds like Dad is either lazy or out of work
3. You usually do this at the January sales
4. This kind of cold snap usually tells you Winter's on its way
5. How Dad should be made to feel on Father's Day
6. A spectator who prefers not to be heard
7. Ignore the late '70s group
8. What the proprietor of the Guardian might say to increase business
9. Something William could settle perhaps
10. A crowning event down our way



## *General Knowledge*

1. The crown of the empire state building was originally built for what purpose?
2. In England in the 1700's, which events attracted the most spectators? (the record being over 80,000 in attendance)
3. Name the four Asian countries that start with the letter M
4. The Roman Catholic church condemned which of the following until the 16th century:  
a: Spoon  
b: fork  
c: knife
5. What took place for the first time in ALAMOGORDO?
6. What is the missing city or country in the following song titles  
a. Big in \_\_\_\_\_  
b. Lost in \_\_\_\_\_  
c. Voodoo \_\_\_\_\_  
d. Night boat to \_\_\_\_\_  
e. The city of \_\_\_\_\_  
f. Midnight in \_\_\_\_\_
7. Who met whom on the tenth of November 1871 in UJJJI?
8. Who was the last man to win the grand slam in tennis?
9. What would you be eating if you ordered LENGUA in Spain ?

Answers in the next Wyggy's Tales!

**Answers:** 1. Three men in a boat, 2. Foreign Language, 3. Right between the eyes, 4. Criminal, 5. Fork in the road, 6. Potatoes, 7. Within reason, 8. Missing link, 9. Postman, 10. No two ways about it, 11. Son of a gun, 12. Made in Great Britain, 13. Another time, another place, 14. Honour among thieves, 15. Mother-in-law, 16. Good looking, 17. It's a small world after all, 18. Excuse me

**ST URSULA'S CHAPEL**

**A LITTLE MORE  
ORGAN  
MUSIC**



**EVERY SUNDAY AT 10AM**

**With either  
Geoffrey Clarke or John Seymour**

We are grateful for the many kind appreciations  
of the music that have been expressed.

**music to enjoy – to cheer – to inspire**

**(REMEMBER TO KEEP YOUR DISTANCE!)**



# Wyggy's Time Capsule

A time capsule is a historic cache of goods or information, usually intended as a deliberate method of communication with future people, and to help future archaeologists, anthropologists, or historians.

As part of the new properties we are building, we will be burying a small time capsule!



If you have any (sensible) ideas of what we could place in it then please let Chris or Melissa know!

# The Hanging Gardens of Wygggeston

The residents have done a 'blooming' marvellous job, the hanging baskets look and smell fantastic! Thank you!!

