



AUGUST ACTIVITIES 2019

DATE	ACTIVITY
Thursday 1st	Coffee Morning (BdRm) at 10:15 am incorporating a talk by Andrew Robinson about Blood Bikes Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 2nd	Games (Agnes House) at 2:00 pm
Sunday 4th	Sunday Afternoon Concert - Jean Martyn Organist at 2:30 pm in St. Ursula's Chapel 
Monday 5th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 pm
Tuesday 6th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 7th	Art Group (Mtg Rm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Tea & Chat with the Wardens (BdRm) 2:30 pm
Thursday 8th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Uno Card Game (BdRm) at 2:30 pm
Friday 9th	Games (Agnes House) at 2:00 pm Twiddle Muff Knitting (BdRm) at 2:30 pm - 4:00 pm
Monday 12th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 13th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 14th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Trip to West Midlands Safari Park - Depart at 9:15 am 
Thursday 15th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Knitting & Crochet (BdRm) at 2:30 pm
Friday 16th	Games (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm



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DATE	ACTIVITY
Monday 19th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 20th	Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 21st	Art Group (Mtg Rm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Jacket Potatoes (BdRm) at 4:00 pm
Thursday 22nd	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Table Tennis (BdRm) 2:30 pm
Friday 23rd	Games (Agnes House) 11:00 am to 12:00 noon Quiz (BdRm) at 2:30 pm
Monday 26th	BANK HOLIDAY
Tuesday 27th	Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 28th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) at 2:30 pm
Thursday 29th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Card Making (BdRm) 2:30 pm
Friday 30th	Day Trip to Saint Ives, Cambridge Depart 9:00 am Return 6:00 pm  Games (Agnes House) 11:00 am to 12:00 noon

Activities are open to all residents
Please note that dates June change, keep an eye on the
Noticeboard