



MARCH ACTIVITIES 2020

DATE	ACTIVITY
Monday 2nd	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 p
Tuesday 3rd	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 4th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Card Making (Mtg Rm) 2:30 pm
Thursday 5th	Coffee Morning (BdRm) at 10:15 am – Scarves & Handbag Event in aid of this year's Charities, The Bodie Hodges Foundation & Blood Bikes Music & Movement (Agnes House) at 11:15 am to 12:15 pm
Friday 6th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Table Tennis (BdRm) at 2:30 pm
Sunday 8th	Service of Loving Remembrance in St Ursula's Chapel at 4:00 pm 
Monday 9th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 10th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Homegroup (Mtg Rm) at 10:30 am DIY Exercises (Mtg Rm) 2:30 pm
Wednesday 11th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Bingo (BdRm) 2:30 pm
Thursday 12th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Quiz (BdRm) 2:30 pm
Friday 13th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Uno Card Game (BdRm) at 2:30 pm

Activities are open to all residents - please note that dates may change, keep an eye on the Noticeboard



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DATE	ACTIVITY
Monday 16th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm
Tuesday 17th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm
Wednesday 18th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Mother's Day Tea (BdRm) 4:00 pm 
Thursday 19th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Scrabble with the Wardens (BdRm) 2:30 pm
Friday 20th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Knitting & Crochet (BdRm) 2:30 pm
Monday 23rd	DIY Pilates (Mtg Rm) 10:00 am Bingo Agnes House 2:00 pm to 4:00 pm
Tuesday 24th	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Homegroup (Mtg Rm) at 10:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm Pancake Day 4:00 (BdRm) 4:00 pm
Wednesday 25th	Art Group (BdRm) at 10:15 am Story Telling (Agnes House) 11:00 am to 12:00 noon Tea & Chat with the Wardens (BdRm) 2:30 pm
Thursday 26th	Music & Movement (Agnes House) at 11:15 am to 12:15 pm Beetle Drive (BdRm) 2:30 pm Card Night (BdRm) 7:00 pm
Friday 27th	Prevention of Falls Exercises 11:30 am Lounge - Agnes House Games (Agnes House) at 2:00 pm Bingo (BdRm) at 2:30 pm
Monday 30th	DIY Pilates (Mtg Rm) at 10:00 am Bingo (Agnes House) 2:00 pm to 4:00 pm Scrabble (BdRm) 7:00 pm
Tuesday 31st	Learning with the Fourth Age Singing with Viv (Agnes House) 10:30 am to 11:30 am Do It Yourself Chair Exercises (BdRm) at 2:30 pm